

THE BOMBAY CITY AMBULANCE CORPS

(FOUNDED 1930)

(Registered under Acts XXI of 1860 and XXXIX of 1950)

BRIGADE GAZETTE

GRATIS

No.695 November 2024

WISH YOU ALL HAPPY DIWALI

PART - I

NOTIFICATION

Re-Enrolment of Volunteer

Corp Order: Rec. Rajini Arunkumar, past Volunteers of the Corps administered the Oath of Allegiance at the Investiture Ceremony held on October 24, 2024. She has been re enrolled with effect from November 1, 2024. She will report to Lt. Kansara.

Basic First Aid

Basic Course in First Aid to the Injured (November 2024–January 2025, 16 sessions including examination), in English medium, will be conducted under the aegis of Jamsetji Tata Ambulance College from Monday, November 18, 2024 for 2 hours in the evening on Mondays and Thursdays. Tentative Time - Table is displayed on the college notice board.

Enrollment will be at the sole discretion of the Commandant of the College. Those desirous of enrolling in the course should send WhatsApp message to Lt. Kansara on 981949871 or Captain Lad on 9930847744 from November 1 to 16, 2024. Enrolment form and Time Table will be sent. Last date for submitting the form is November 16, 2024, 8 pm

Successful participants will be eligible for the Instructor's Course commencing in February 2025

NEWS

94th Ordinary Annual General Meeting

 94^{th} Ordinary General Meeting was held on Saturday, October 26^{t} 2024 at 3.30~pm.

Public Duty

Ambulance Car 13 (MH-01-CV-6683) with trained staff and equipment's such as First Aid box, extra stretcher, oxygen cylinder etc., was posted at:

	Date 2023	Time	Organizer
	5th Oct	08.30 am to 5.30 pm	Mumbai Port Sports Council

Donation to Service Station Fund

We have received following donations to the Service Station Fund of the Society.

Date 2024	Amount Rs.	Donations Received from
09-10-2024	3,000/-	Mumbai Port Sports Council
28-10-2024	10,000/-	Mr. Hilloo R. Damkevala
28-10-2024	10,000/-	Mr. Jehangir R. Damkevala

Donation to General Fund

We have received following donations to the General Fund of the Society.

Date 2024	Amount Rs.	Donations Received from
05-09-2024	5,000/-	Mrs. Rajni Arunkumar
08-09-2024	5,000/-	Giants Charitable Foundation, Byculla
20-09-2024	12,000/-	Miss Sudnya Shivnath Bannerjee
04-10-2024	21,000/-	Aatmabodh Academy of Yoga
12-10-2024	11,000/-	Miss Sucheta Gautam Doctor
24-10-2024	12,000/-	Miss Sudnya Shivnath Bannerjee

Donation to New Ambulance Car Fund

Date 2023	Amount	Donation Received from
14th Oct	10,000/-	Dr. Gaurang B. Shroff
28th Oct	25.000/-	Mr. Dilip R. Gandhi

SERVICE STATION STATISTICS

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Year 2024	September	October	
Calls Registered	15	17	
Removal Services	27	30	
Services for which NO donation were received	24	27	
Amount of Donations received on account of :			
Removal Services	Rs.1500.00	Rs. 2,100.00	
Donation to Station Fund	0.00	23,000.00	
Run of Ambulance Car (Amb. Car No.13)	286 Kms	346 Kms	
Total Services rendered till date	82,431	82,461	

PART II

TOOTHACHE

Persistent toothache is usually caused by a decayed tooth and can be made worse by hot or cold food or drinks. Throbbing toothache indicates an infection; there may be some swelling of the gums in the painful area and bad breath. What appears to be "toothache" can be caused by conditions affecting the facial nerves such as sinusitis or an ear infection.

TREATMENT

YOUR AIMS ARE:

- To relieve pain.
- To ensure the casualty sees a dentist.
- An adult may take two paracetamol tablets or her own painkillers. Give a child the recommended dose of paracetamol syrup (not aspirin).
- 2. Make the casualty comfortable. If lying down makes the pain worse, prop her up with pillows.
- 3. There are two ways of helping the casualty; either give her a hotwater bottle wrapped in a towel to hold to her face, or a rolled up piece of cotton wool soaked in oil of cloves to hold against the affected tooth. The cotton wool will plug the cavity and the oil is a natural pain reliver.
- **4.** Arrange an early appointment for the casualty with her dentist.

SORE THROAT

The most common cause of a sore throat is the inflammation of the tissues at the back of the mouth. Coughs and colds caused by viruses often start with a sore throat, which usually passes within a day or two. Sometimes the tonsils at the back of the throat become infected with bacteria or a virus. The tonsils and surrounding tissues redden and white spots of pus or ulcers can be seen clearly. Swallowing is often difficult, and the glands under the angle of the jaw can become enlarged and sore.

No.695 November 2024

TREATMENT

YOURS AIMS ARE:

- To relieve pain.
- To obtain medical aid if necessary.
- Give the casualty plenty of fluids to drink, to ease the pain and to stop the throat becoming dry.
- An adult may take two paracetamol tablets or his or her own painkillers. Give a child the recommended dose of paracetamol syrup (not aspirin).

IF you suspect tonsillitis, advise the casualty to make an appointment to see a doctor as soon as possible.

ABDOMINAL PAIN

Pain in the abdomen often has a relatively trivial cause, but can indicate serious disease, such as perforation or obstruction of the intestine.

Intestinal distension or obstruction causes pain that comes and goes in "waves" (colic). This often makes the sufferer double up in agony and can be accompanied by vomiting.

A perforated intestine or leakage of its contents into the abdominal cavity causes inflammation of the cavity lining (peritonitis). This potentially life-threatening condition causes sudden, intense pain, made worse by movement or abdominal pressure.

To obtain medical aid if necessary.

- Make the casualty comfortable, and prop her up if breathing is diffucult. Give her a container to sue if vomiting.DO NOT give the casualty any medicines or anything to eat or drink.2To relieve pain.
- Give the casualty a covered hot-water bottle to place against the abdomen.

If the pain is severe, or does not ease within $30\ \text{minutes}$, call a doctor.

WINDING

A blow to the upper abdomen may stun a local nerve junction, causing a temporary breathing problem. Sit the casualty down; loosen clothing at the chest or waist. Recovery should be rapid.

APPENDICITIS

An acutely inflamed appendix (known as appendicitis) is common especially in children. Symptoms include severe pain, usually in the lower right abdomen, loss of appetite, nausea, vomiting, bad breath, and fever. If the appendix bursts peritonitis will develop. Treatment includes surgical removal of the appendix.

Location of the appendix the appendix is a short tube attached to the lower end of the large intestine (caecum). It has no known function in humans. Inflammation usually occurs when the tube becomes blocked or ulcerated.

-To be continued in BG 496 Curtsey BRCS Handbook

TREATMENT

YOUR AIMS ARE:

To relieve pain and discomfort.

AN APPEAL FOR DONATION

The Bombay City Ambulance Corps a society and a charitable trust provides free ambulance services and ambulance education. Except for the ambulance staff and a menial staff everybody renders honorary services to the society. The maintenance of the society mainly depends on voluntary donations.

Donations to the society are exempted from payment of Income Tax u/s 80G. We therefore appeal well-wishers for generous donations to following funds.

- 1. New Ambulance Car Fund. We have so far received donations of Rs. 3,11,111/. We need about Rs. 12,00,000/- more for purchase of New Ambulance Car in 2027 when the present car will have to be put out of service under RTO requirements (maximum8 years)
- 2. Ambulance Service Station Corpus Fund. Interest income of the endowment can be utilized for the FREE First Aid and Ambulance Service.
 - 3. Service Station Fund
- 4. Building Painting Fund. The building has to undergo major repairs post structural audit. We have set aside Rs. 8,44,000/-. We need about Rs. 8,00,000/- more.

Donations may be paid by Crossed order Cheque in the name of "THE BOMBAY CITY AMBULANCE CORPS".

KINDLY VISIT OUR WEBSITE TO READ BRIGADE GAZETTE - bcac.co.in

Edited and Published by Captain R. J. Lad, D.E.R.E., Dip. Amb. Work, Officer Commanding, The Bombay City Ambulance Corps, at Head Quarters, 21 New Marine Lines, Mumbai - 400 020 and printed by him for the owners of the Publication "The Bombay City Ambulance Corps."

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