



# THE BOMBAY CITY AMBULANCE CORPS

( FOUNDED 1930 )  
(Registered under Acts XXI of 1860 and XXXIX of 1950)  
**BRIGADE GAZETTE**

GRATIS

No.696

January 2025

**The Bombay City Ambulance Corps wishes Patrons, Life Members and Well-wishers of the Society a very Happy and a Prosperous New Year 2025**

## PART - I NEWS



Dr. Suresh D Mehtalia, M.D. (Bom) F.I.C.A.(USA),  
F.I.C.P (India)  
Our Past President  
(November 2006 – March 2024)

WE Managing Committee Members, Members of Society, the Officers and Volunteers of The Bombay City Ambulance Corps mourn with profound sorrow the passing away on December 10, 2024 of Dr. Suresh D Mehtalia, Our past president (November 2006 – March 2024).

In him we have lost a social worker, friend, Philosopher, Guide and Educationist.

In November 2006 Dr. Suresh D Mehtalia, was elected as the president of the Society in place of late Dr. V.H. Salaskar.

He was an eminent diabetologist of the city of Mumbai. He was an honorary diabetologist of Sir H.N. Hospital, Sir Kikabhai Hospital, Asian heart Institute and Governor of Maharashtra. He was decorated with two awards by New York Diabetes Association for research work in diabetes. He was Professor of Medicine and Diabetes at Topiwala National Medical College and B.Y.L. Nair Hospital.

Under his able guidance and support 1. A FREE diabetes check-up camp was organized at H.Q. of our Society on Saturday, March 29, 2003. 2. Celebrated Diamond Jubilee of our Free First Aid and Ambulance Service in 2014 3. He was pleased to guide us whenever needed.

WE the officers and Volunteers of the Corps pledge on this solemn occasion to serve the Corps to the best of our abilities.

We pray to the Almighty to bestow eternal peace (Moksha) on the departed worthy.

We convey our sincere condolences to his bereaved family.

## NOTIFICATION

### Specialist Instructors' Course in First Aid

The next Specialist Instructors' Course in First Aid to the Injured (February-March 2025,11 sessions term), in English medium, will be conducted under the aegis of Jamsetji Tata Ambulance College from Monday, February 3, 2025 for 2 hours in the evening on Mondays and Thursdays.

Admission is open to participants 1. Who have successfully completed Basic First Aid Course and 2. Past Students of **Specialist Instructors' Course in First Aid**. Enrollment will be at the sole discretion of the Commandant of the College. **Those desirous of enrolling in the course should send WhatsApp message to Lt. Kansara on 981949871 or Captain Lad on 9930847744 from January 16 to 31, 2025. Enrolment form and Time Table will be sent. Last date for submitting the form is January 31, 2025, 8 pm.**

## Seminar on Cardio Pulmonary Resuscitation

Seminar (S/24/CPR/3) on Cardio Pulmonary Resuscitation was conducted from 6 pm to 8 pm spread over two days on Thursday, November 28, 2024 and December 2, 2024 for students of Basic First Aid Course, 8 participants attended the seminar.

## Donation to General Fund

We have received following donation to the Service Station Fund of the Society: -

Date 2024	Amount Rs.	Donations Received from
November 04	21,000.00	Aatmabodh Acaemy of Yoga
December 05	21,000.00	Aatmabodh Acaemy of Yoga
December 10	12,000.00	Miss Sudnya Shivnath Banerjee
December 12	11,000.00	Mrs. Rupal Rakeh Kansara
December 26	12,000.00	Miss Sudnya Shivnath Banerjee

Ambulance Car 13 (MH-01-CV-6683) with trained staff and equipment's such as First Aid box, extra stretcher, oxygen cylinder etc., was posted at:

Organizer	Date 2024	Time
Saran Presents	November 12, 19, 20, 26	9.30 am to 7.00 pm
Saran Presents	December 14	8.30 am to 7.00 pm

## SERVICE STATION STATISTICS

Year 2024	November	December
Calls Registered	17	19
Removal Services	30	30
Services for which NO donation were received	27	24
<b>Amount of Donations received on account of :</b>		
Removal Services	1,100.00	<b>Rs.3,700.00</b>
<b>Donation to Station Fund Rs.</b>	<b>0.00</b>	<b>0.00</b>
Run of Ambulance Car (Amb. Car No.13)	269 Kms	365 Kms
Total Services rendered till date	82,491	82,521

## PART II

### HERNIA

A hernia (rupture) is a protrusion of parts of the abdominal contents (often a small loop of intestine) through a weak part of the muscular wall. It may result from coughing or heavy exertion. The swelling may disappear if the casualty lies down. If it is painful, and especially if it occurs with vomiting and abdominal pain, the hernia is "strangulated" and needs urgent surgical attention.

### Recognition

- Bulge or swelling in abdominal wall.
- Pain in abdomen or groin.
- Vomiting.

### TREATMENT

#### YOUR AIMS ARE:

- To reassure the casualty and relieve discomfort.

- To obtain medical aid.

### FOR A PAINLESS HERNIA

Reassure the casualty. Without causing him or her needless alarm tell the casualty to arrange to see his or her own doctor about the condition as soon as possible. **DO NOT** attempt to push in the swelling or allow the casualty to do so.

### FOR A PAINFUL HERNIA

1. Support the casualty in the position he finds most comfortable, by propping him up with cushions or pillows.
2. Call a doctor, or if the pain is severe, DIAL FOR AN AMBULANCE.

### VOMITING AND DIARRHOEA

The causes of vomiting and diarrhea are most likely to be food poisoning, contaminated water, allergies, or unusual or exotic foods. Vomiting may, of course, occur without diarrhea, and vice versa. When both occur together there is an increased risk of dehydration, especially in infants, young children, and the elderly, which can be serious.

### TREATMENT

#### YOUR AIM IS:

- To restore lost fluid and salts.
1. Reassure the casualty while he or she is sick. Afterwards, give the casualty a warm damp cloth with which to wash him - or herself.
  2. Give the casualty lots of bland fluids to sip slowly and often. If the appetite returns, give him only bland, starchy, or sugary food for the first 24 hours.

If you are worried about the casualty's condition, particularly if it is persistent, call a doctor.

### SUITABLE DRINKS

Water is sufficient in most cases, but still "isotonic" glucose drinks are ideal, if available. Alternatively, add salt (1 teaspoonful per litre) and sugar (4 or 5 teaspoonful per litre) to either water or diluted orange juice, which is a useful source of potassium.

### VERTIGO

A disturbance in the ear canal can cause an abnormal sensation of movement: the casualty feels as if he or she is revolving in space and feels "giddy." This is vertigo, a common complaint that often starts in middle age. It has many causes, including temporary conditions, such as ear infections, and psychological disorders, such as fear of open spaces (agoraphobia). Very occasionally, vertigo indicates a more serious condition, such as hardening of the arteries (atherosclerosis), Meniere's disease (an inner ear disorder) or multiple sclerosis.

### TREATMENT

#### YOUR AIMS ARE :

- To relieve pain.
  - To obtain medical aid if necessary.
1. Place the casualty in a comfortable position and note any change in his or her condition.
  2. If the casualty has special medication prescribed for this condition, he or she may need help to take it.
  3. Call a doctor if the casualty is very distressed or requests medical help. Stay with the casualty until the doctor arrives, noting any changes in the casualty's condition in the meantime.

**- To be continued in BG 496  
Curtsey BRCS Handbook**

### AN APPEAL FOR DONATION

The Bombay City Ambulance Corps a society and a charitable trust provides free ambulance services and ambulance education. Except for the ambulance staff and a menial staff everybody renders honorary services to the society. The maintenance of the society mainly depends on voluntary donations.

Donations to the society are exempted from payment of Income Tax u/s 80G. We therefore appeal well-wishers for generous donations to following funds.

1. New Ambulance Car Fund. We have so far received donations of Rs. 3,11,111/-. We need about Rs. 12,00,000/- more for purchase of New Ambulance Car in 2027 when the present car will have to be put out of service under RTO requirements (maximum 8 years)
2. Ambulance Service Station Corpus Fund. Interest income of the endowment can be utilized for the FREE First Aid and Ambulance Service.
3. Service Station Fund
4. Building Painting Fund. The building has to undergo major repairs post structural audit. We have set aside Rs. 8,44,000/-. We need about Rs. 8,00,000/- more.

Donations may be paid by Crossed order Cheque in the name of "THE BOMBAY CITY AMBULANCE CORPS".

### KINDLY VISIT OUR WEBSITE TO READ BRIGADE GAZETTE - [bcac.co.in](http://bcac.co.in)

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### BOOK-POST

To,

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**From :**  
**THE BOMBAY CITY AMBULANCE CORPS**  
**21 New Marine Lines, Mumbai - 400 020.**  
**Telephone No. : 2201 42 95**