



**THE
BOMBAY CITY AMBULANCE
CORPS**
(FOUNDED 1930)
(Registered under Acts XXI of 1860 and XXXIX of 1950)
BRIGADE GAZETTE

GRATIS

No.701

November 2025

WISH YOU ALL HAPPY DIWALI

PART – I

NOTIFICATIONS

Results of Basic Course in First Aid Examination

(Course No B/FA/25/1)

The Examination of the students of the Basic Course in First Aid to the Injured (Course No B/FA/25/1) of Jamsetji Tata Ambulance College was conducted in September 2025 by Captain R. J. Lad, Honorary Officer Commanding as Examiner appointed by the Medical Board of the Society. The following students have been declared successful in order of merit:

1 Mr. Dahake Ganesh M.; 2 Mr. Londhe Yogesh H. and 3 Mr. Mane Pratap S.

Basic First Aid

Basic Course in First Aid to the Injured (November 2025–January 2026, 16 sessions including examination), in English medium, will be conducted under the aegis of Jamsetji Tata Ambulance College from Monday, November 17, 2025 for 2 hours in the evening on Mondays and Thursdays.

Enrolment will be at the sole discretion of the Commandant of the College. Those desirous of enrolling in the course should send WhatsApp message to Lt. Kansara on 981949871 or Captain Lad on 9930847744 from November 1 to 15, 2025. Enrolment form and Time Table will be sent. Last date for submitting the form is November 15, 2025, 8 pm.

Successful participants will be eligible for the Instructor's Course commencing in February 2026.

Members and Well-wishers are requested to do wide publicity of the course.

Seminar on Cardio Pulmonary Resuscitation

Next Seminar on Cardio Pulmonary Resuscitation will be conducted under the aegis of Jamsetji Tata Ambulance College on Saturday, December 13, 2025 from 2 pm to 6 pm. Those desirous of enrolling in seminar should send WhatsApp message to Lt. Kansara on 981949871 or Captain Lad on 9930847744 on or before December 11, 2025.

Instructors' Courses

The next Specialist Instructors' Course in First Aid to the Injured (February–March 2026, 11 sessions term), in English medium, will be conducted under the aegis of Jamsetji Tata Ambulance College from Monday, February 2, 2026 for 2 hours in the evening on Mondays and Thursdays.

Admission is open to participants who have successfully completed Basic First Aid Course. Enrollment will be at the sole discretion of the Commandant of the College. Those desirous of enrolling in the course should send WhatsApp message to Lt. Kansara on 981949871 or Captain Lad on 9930847744 from January 13 to 31, 2026. Enrolment form and Time Table will be sent. Last date for submitting the form is January 31, 2026, 8 pm.

Members and Well-wishers are requested to do wide publicity of the course

NEWS

One day Seminar on Cardio Pulmonary Resuscitation

One day Seminar (S/25/CPR/3) was conducted on Wednesday, October 29, 2025 for staff of Swiss Consulate, Mumbai. 21 participants attended the seminar.

One day Condensed Basic First Aid Course

One day Condensed Basic First Aid Course (B/25/FA/2) was conducted on Tuesday, September 23, 2025. 12 participants from Indus Paragliding School, Kamshet, Pune, attended the course conducted by Mr. Ghanshyam Kalwani of SafePro Centre for Training & Consultancy, Pune under the auspices of Jamsetji Tata College of Ambulance of The Bombay City Ambulance Corps.

95th Ordinary Annual General Meeting

95th Ordinary General Meeting was held on Saturday, November 15th, 2025 at 3.30 pm.

Donation to Service Station Fund

We have received following donations to the Service Station Fund of the Society.

Date 2025	Amount Rs.	Donations Received from
September 9	5,000.00	Dr. Saumeel S. Mehta
October 31	21,000.00	Consulate General of Switzerland, Mumbai

Donation to General Fund

We have received following donations to the General Fund of the Society.

Date 2025	Amount Rs.	Donations Received from
October 13,	24,000.00	Miss Sudnya Shivnath Banerjee
October 14	12,000.00	Miss Sudnya Shivnath Banerjee

SERVICE STATION STATISTICS

Year 2025	September	October
Calls Registered	10	12
Removal Services	17	23
Services for which NO donation were received	14	23
Amount of Donations received on account of :		
Removal Services	Rs.1,300.00	Rs. 0.00
Donation to Station Fund	5000.00	21,000.00
Run of Ambulance Car (Amb. Car No.13)	170 Kms	268 Kms
Total Services rendered till date	82,834	82,857

PART II

ORAL CANCER

Signs, Risk Factors & Treatment

Oral Cancer is the most common cancer in India, causing 1,45,000 deaths annually. The management of oral cancer is complex, due to the functional and aesthetic implications in the region.

ORAL CAVITY

There are seven oral cavity subsites. They are tongue, floor of mouth, buccal mucosa, hard palate, alveolus, retromotor trigone and soft palate. It can also affect the salivary glands.

RISK FACTORS

Tobacco and alcohol intake are the main risk factors for the development of oral cancers. Betel nut (Supari) chewing is known to cause of cancer. Other factors include HPV infection, UV exposure, chronic trauma. Irritating dentures and poor oral hygiene.

CLINICAL PRESENTATION

Most cancers are preceded by premalignant lesions, like restriction in mouth opening, persistent red or white patches in mouth. The most common presentation is a non-healing wound. Patients may also present with mobile teeth, bleeding, pain or numbness in mouth or face or ill-fitting dentures. A nonhealing extraction socket (>6 weeks) should also raise suspicion. Any lesion which fails to resolve in 2-3 weeks should be investigated.

ORAL SCREENING

Oral cancers can be identified at an early stage by clinical examination. However, more than 50% reports for treatment with an advanced tumor. Oral screening includes visual inspection of the subsites of oral cavity. It also includes palpating the regional lymph nodes.

EARLY DIAGNOSIS

Early diagnosis is essential to decrease morbidity and mortality. In early stages, the lesion may be flat or elevated and may be minimally palpable. Some cancers may be a-symptomatic. Examination by dentist/doctor is an important means for early identification and

diagnosis.

MANAGEMENT

- Surgery is the primary modality of treatment. Resective surgery includes removal of tumor and the affected lymph nodes. Reconstructive surgery essentially involves minimizing the morbidity of resection.
- Radiation therapy is often indicated in advanced cancer and involves the use of ionizing radiation.
- Chemotherapy is often added to radiation in certain cases of aggressive tumors and includes injection of medicines that are toxic to cancer cells.

FOLLOW-UP

Every patient requires long-term follow up aimed at not only looking out for recurrences or new cancers, but also addressing the morbidity from treatments like speech and swallow issues, preservation of teeth and restoration of missing teeth.

Self-examination can be done at home using a mirror in good lighting. Look for ulcers, patches, lumps, discolouration or loose teeth.

Curtsey Times of India, July
-Dr. Ameya Pal

AN APPEAL FOR DONATION

The Bombay City Ambulance Corps a society and a charitable trust provides free ambulance services and ambulance education. Except for the ambulance staff and a menial staff everybody renders honorary services to the society. The maintenance of the society mainly depends on voluntary donations.

Donations to the society are exempted from payment of Income Tax u/s 80G. We therefore appeal well-wishers for generous donations to following funds.

1. New Ambulance Car Fund. We have so far received donations of Rs. 3,11,111/- We need about Rs. 5,00,000/- more for purchase of New Ambulance Car in 2027 when the present car will have to be put out of service under RTO requirements (maximum 8 years)

2. Ambulance Service Station Corpus Fund. Interest income of the endowment can be utilized for the FREE First Aid and Ambulance Service.

3. Service Station Fund

4. Building Painting Fund. The building has to undergo major repairs post structural audit. We have set aside Rs. 2,10,000/- We need about Rs. 8,00,000/- more.

Donations may be paid by Crossed order Cheque in the name of "THE BOMBAY CITY AMBULANCE CORPS".

KINDLY VISIT OUR WEBSITE TO READ BRIGADE GAZETTE - bcac.co.in

Edited and Published by Captain R. J. Lad, D.E.R.E., Dip. Amb. Work, Officer Commanding, The Bombay City Ambulance Corps, at Head Quarters, 21 New Marine Lines, Mumbai - 400 020 and printed by him for the owners of the Publication "The Bombay City Ambulance Corps."

BOOK-POST

To,



From :

THE BOMBAY CITY AMBULANCE CORPS
21 New Marine Lines, Mumbai - 400 020.
Telephone No. : 2201 42 95