

### Basic Course in First-Aid

No.	Subject	Hours
1	Lecture : Elementary Anatomy and Physiology; Principles of First-Aid; Techniques and Procedures for First-Aid Treatments of Injuries;	18 hours
2	Practical Work	14 hours
3	Stretcher Drill and Emergency Methods of removal of Casualty	1 hour

### Condensed Basic Course in First-Aid

A short introductory course in First-Aid to the injured totalling ten hours spread over two/three days will be conducted for a group or organisation on request to the commandant of the college. Certificate of attendance of the course will be awarded to participants who attend all the 10 sessions. Structure of the course is as under.

No.	Subject	Requirements
1	General Principles of First-Aid	
2	Triangular Bandage and Arm Silings	Triangular Bandage
3	Asphyxia and Resuscitation	
4	Methods of Artificial Respiration	
5	Injuries to Bones, Joints and Muscles	
6	Wounds, Bleeding and Shock,	First-Aid Box
7	Treatment of Wounds	
8	Roller Bandages	Roller Bandages
9	Burns and Scalds	
10	Emergency Methods of Transport & Blanketing a Casualty	

**Requirements :** All participants of FIRST-AID course must have:

1. Triangular bandage: Take a Square Meter cloth and cut it diagonally to get two triangular bandages.
2. First-Aid Box : Contents :
  - a. Bottle of Dettol Solution : 1 part Dettol and 20 part of water/Sovlon
  - b. Surgical cotton
  - c. Gauze pieces
  - d. Antiseptic cream
  - e. 2" Roller Bandages 6 Nos.
  - f. A pair of Scissors
  - g. One forceps

## THE BOMBAY CITY AMBULANCE CORPS JAMSETJI TATA AMBULANCE COLLEGE

### ONE DAY SEMINARS ON CARDIO PULMONARY RESUSCITATION

One day seminars on Cardio Pulmonary Resuscitation are conducted under the auspices of the Jamsetji Tata College run by the Bombay City Ambulance Corps at the address given below. The seminars are organised for a group or organisation on request to the commandant of the college. Donations for the Free First Aid and Ambulance Service Station are accepted.

The Seminar of about 4 hours duration comprises of:

- \* 1. Introduction to Respiratory and Circulatory System. \* 2. Cardiac Arrest \* 3. Demonstration of Cardio Pulmonary Resuscitation \* 4. Video on "CPR for bystanders" \* 5. Choking emergencies. \* 6. First Aid in Nutshell

Participants are required to practice CPR on Ambu simulator. Handout on CPR of about 8 pages is distributed to the participants of the seminar. Additional topic on "Advance Life Support" is discussed by eminent Cardiologist during such seminar specially organised for medics and paramedics.

Certificate is issued to each participant for **attending** the CPR Seminar.

Certificate is valid for three years.

For further details contact commandant of the college between  
6.30 p.m. to 8.00 p.m. at  
21 NEW MARINE LINES, NEXT TO BIRLA MATUSHREE SABHAGHAR,  
MUMBAI - 400 020.  
TELEPHONE : 2201 4295 / 6633 4897

JUNE 2016

## AN APPEAL FOR DONATION

The Bombay city ambulance Corps a society and a charitable trust provides free ambulance services and ambulance education. Except for the ambulance staff and a menial staff everybody renders honorary services to the society. The maintenance of the society mainly depends on voluntary donations.

We therefore appeal to well wishers for generous donations. Donations to the society are exempted from payment of Income Tax u/s 80G

Donations may be paid by Crossed order Cheque in the name of "THE BOMBAY CITY AMBULANCE CORPS".

THANKS

# THE BOMBAY CITY AMBULANCE CORPS

(FOUNDED 1930)

(Registered under Acts XXI of 1860 and XXIX of 1950)

## JAMSETJI TATA AMBULANCE COLLEGE

(Recognised by Governement)



## COURSES IN FIRST AID AND HOME NURSING

## INFORMATION BROCHURE

21, New Marine Lines,  
Next to Birla Matushree Sabhaghar,  
Mumbai - 400 020.

Telephone  
2201 4295 and 6633 4897  
Between 6.30 p.m. & 8.00 p.m.

# JAMSETJI TATA AMBULANCE COLLEGE

The College is a department of the Bombay City Ambulance Corps, a charitable society and public trust. It is recognized by the Government of Maharashtra in the Medical Education and Drugs Department.

Course	Duration	Qualification Required	Dates for Admission	Examinations	Certificate
Specialist Instructors in First-Aid	January to June (Including in hospital training)	Graduates (Preferred) with teaching aptitude	1st to 25th December	300 marks of Theory and Practical. Minimum marks for passing : 70%	Issued to all Successful participants
Basic Course Home (Nursing) care	July to September (Including in hospital training) or mutually agreed by the college and group of participant / Mutually agreed	Any First-Aid Course	1st to 25th June for respective turn	150 marks of Theory and Practical. Minimum marks for passing : 50%	Issued to all Successful participants
Basic Course in First aid	Mutually agreed by the college and group of participants (Minimum 20)	IX Standard	As fixed for particular course	150 marks of Theory and Practical. Minimum marks for passing : 50%	Issued to all Successful participants
Condensed Basic Course in First aid	Ten Hours spread over 2/3 days. Mutually agreed by the college and group of participants (Minimum 20)	IX Standard	As fixed for particular course	No Examination	Certificate of participation is issued if present for all 10 hours. Valid for Three years.
Seminar on Cardio Pulmonary Resuscitation or First Aid	Four Hours Mutually agreed by the college and group of participants (Minimum 20)	IX Standard	As fixed for particular course	No Examination	Certificate of participation is issued if present for all 4 hours. Valid for Three years.
PROPOSED Diploma in Ambulance Works	One Year	XI Standard	June 15 To June 30	400 Marks - Minimum marks for passing : 60%	Issued to all Successful participants. Valid for Three Years

# THE BOMBAY CITY AMBULANCE CORPS

## JAMSETJI TATA AMBULANCE COLLEGE

### Specialist Instructor's in First Aid

No.	Subject	Hours
1	Lectures: Elementary Anatomy and Physiology; Principles of First Aid; Techniques and Procedures for First Aid Treatment of Injuries; Wartime Injuries and Blitz Aid; Disaster Management; methods of Transport; Civil Defence; Methods of Teaching	30 hours
2	Practical Work	24 hours
3	Stretcher Drill and Emergency Methods of removal of Casualty	4 hours
4	Basic Rescue	2 hours
5	Basic Fire Fighting	3 hours
6	In-Hospital Training for Casualty Work	10 hours
7	Practice Lecturettes	3 hours
8	Practice lessons	3 hours

### Home Nursing

No.	Subject	Hours
1	Lectures: Principles of Nursing Care of a patient at home; the sick room; Observation (T.P.R. and B.P.) and comfort of the patient; the patient's diet and toilet, the patient's excretions; administration of drugs; nursing care of the infectious patient, unconscious patient, mentally ill patient, elderly patient, dying patient, and the sick child, surgical nursing, emergency childbirth, radiation sickness, nursing techniques and procedures.	15 hours
2	Practical Work	10 hours
3	Invalid Cookery	5 hours